# **Application**

Please send in the application form **along with a short reflection** on what makes you enrol in this programme. We will contact you to have a brief conversation before you pay the first installment.

# Application deadline: 31 August 2025

# Application form



https://bit.ly/NarrativePractice2025









# ACADEMY OF WELLNESS AND HUMAN DEVELOPMENT

# One Year Advanced Training Programme in NARRATIVE PRACTICE (SEP 2025 – DEC 2026)

The **Department of Social Work** and its **Social Work Practice and Mental Health Centre** are delighted to announce that the new cohort of One-year Advanced Training Programme in Narrative Practice will be launched in **September 2025**. This Programme will continue to be organized in collaboration with the **Dulwich Centre, Australia**. The Programme will be conducted from September 2025 to December 2026.

# About the programme

The Programme is designed for those who have prior knowledge and practice of narrative ideas, and who are keen to develop their individual and collective practice in the local context. Participants must have a **bachelor degree** from a recognized university and attended an introductory course on narrative therapy of at least 24 hours organiszed by the HKBU, local NGOs/professional organisations or its equivalence. The Department will assess the introductory courses studied by Programme applicants to determine eligibility.





This Programme consists of **5 modules**, a total of no less than 110 hours. It will cover ten key conversation/practice maps of narrative therapy and consist of four areas of practice. Trainers who are International Faculty of the Dulwich Centre and local practitioners/teachers will be providing lectures, training workshops, practice sessions, tutorials and individual supervision. Training sessions delivered by local trainers will be conducted in both English and Chinese. Participants are also required to complete a reading and writing programme and to present a written project in which they apply narrative ideas in their own context.

http://sowk.hkbu.edu.hk



# **Programme Feature**



### Award

Participants who have attended 85% of the sessions and completed all assignments and presentation of their project will be awarded **a certificate** by Dulwich Centre, Australia and Social Work Practice and Mental Health Centre, Hong Kong.

Graduates of this programme are eligible to apply for the Master's Programme in Narrative Therapy and Community Work (a collaboration between Dulwich Centre and Department of Social Work, University of Melbourne) with advanced standing equivalent to 25 points of the total 100 points.

# **Course Outline**

### Module One: Responses to experiences and thoughts of suicide with young people and families and prevention of suicide (20 Sep - 3 Nov 2025)

This module will consist of:

- A two-day workshop (20 & 21 Sep 2025)
- 2 lectures (29 Sep 2025, 13 Oct 2025)
- 1 tutorial (20 Oct 2025)
- 2 narrative practice workshops (27 Oct 2025, 3 Nov 2025)

#### Module Two: Doing group and relationship therapy using narrative practices (24 Jan – 9 Mar 2026) This module will consist of:

- A two-day workshop (24 & 25 Jan 2026)
- 2 lectures (2 Feb 2026, 9 Feb 2026)
- 1 tutorial (23 Feb 2026)
- 2 narrative practice workshops (2 Mar 2026, 9 Mar 2026)
- Individual supervision

#### Module Three: Children, parents, families and hardship and uncertainty (18 Apr – 1 Jun 2026)

- This module will consist of:
- A two-day workshop (18 & 19 Apr 2026)
- 2 lectures (27 Apr 2026, 4 May 2026)
- 1 tutorial (11 May 2026)
- 2 narrative practice workshops (18 May 2026, 1 Jun 2026)
- Individual supervision

#### Module Four: Real exercises with individuals, families and communities (18 Jul – 24 Aug 2026) This module will consist of:

- A two-day workshop (18 & 19 Jul 2026)
- 2 lectures (27 Jul 2026, 3 Aug 2026)
- 1 tutorial (10 Aug 2026)
- 2 narrative practice workshops (17 Aug 2026, 24 Aug 2026)
- Individual supervision

Module Five: Presentation of projects and definitional ceremony (Dec 2026)(tentative) Each participant will present in small groups a project that he/she has engaged in using narrative ideas during the year.



## Assignments

- 8 reflection papers
- 2 tape conversations with reflection
- Written report on a project
- Presentation of a project

# **Course Schedule**

Phases	Modules	Duration	Dates	
Pre-training	Introductory course in narrative practice or its equivalence	24 hours or more		
Module One	Responses to experiences and thoughts of suicide with young people and families and prevention of suicide	29 hours	20 & 21 Sep 2025 (workshop) 29 Sep, 13, 20, 27 Oct, 3 Nov 2025	
Module Two	Doing group and relationship therapy using narrative practices	29 hours	24 & 25 Jan 2026 (workshop) 2, 9, 23 Feb, 2 & 9 Mar 2026	
Module Three	Children, parents, families and hardship and uncertainty	29 hours	18 & 19 Apr 2026 (workshop) 27 Apr, 4, 11, 18 May, 1 Jun 2026	
Module Four	Real exercises with individuals, families and communities	29 hours	18 & 19 Jul 2026 (workshop) 27 Jul, 3, 10, 17, 24 Aug 2026	
Module Five	Presentation of projects and definitional ceremony	6 hours	(Dec 2026)(tentative)	

Notes: 1. Individual supervision will be provided on the conversation tapes and project. 2. Lectures and tutorials are given on weeknights 19:00-22:00.

# **Tuition Fee**

	Total Tuition Fee	Installment 1 (At Registration)	Installment 2 (On or Before 27 Nov 2025)	Installment 3 (On or Before 19 Apr 2026)
Standard Fee	HK\$37,500	HK\$17,000	HK\$11,500	НК\$9,000
Alumni/Students Discount (Dept. of Social Work, HKBU)	HK\$32,000	HK\$16,000	HK\$9,000	НК\$7,000

Notes: 1. The standard tuition fee is HK\$37.500, paid in three installments. 2. Alumni and students of the Department of Social Work, Hong Kong Baptist University, receive a discounted tuition fee of HK\$32.000.



# What does the tuition fee cover?

- individual supervision and presentation
- Reference materials

• No less than 110 hours of workshops, lectures, tutorials,

# Hong Kong Baptist University Department of Social Work Social Work Practice and Mental Health Centre One Year Advanced Training Programme in Narrative Practice

### A STRONG TEACHING TEAM

### **Programme Coordinator**



**Hung Suet Lin Shirley** (PhD in Social Work; International Postgraduate Diploma in Narrative Therapy, Dulwich Centre; Master of Narrative Therapy & Community Work in 2015 First Honour)

Professor and Chair, Department of Social Work; Associate Director, Academy of Wellness and Human Development; Director, Social Work Practice and Mental Health Centre, Hong Kong Baptist University; International Faculty, Dulwich Centre; Teaching Faculty on Narrative Practice, Singapore Social Sciences University; Trainer of narrative practice in Hong Kong, Taiwan, Singapore and cities of mainland China.

Shirley has been practicing narrative therapy and collective narrative practice for more than 15 years. She has been fully engaged in doing research on, teaching and practicing narrative therapy and collective narrative practice. Collaborating with NGOs to work with the marginalized groups is her major commitment. Her projects included working with divorced women and men, young women, sexual violence victims, male sexual violence perpetuators, gay people using chemfun and young women.

### **International Trainers from Dulwich Centre**



**Ben Shannahan** (he/him) lives and works on Whadjuk country in Perth, Western Australia. He is a Narrative Family Therapist and is part of the teaching faculty of the Dulwich Centre and PartnershipProjectsUK. He has facilitated training in family and narrative therapy nationally and internationally.He is interested in developing dignifying therapeutic practices that respond to the politics of people's experiences that might contribute to healing and a sense of justice. He currently works in independent practice with <u>www.thefamilyrooms.com.au</u>



**David Newman** has been trained by Michael White, the founder of Narrative Therapy in Australia. He has decades of experience in working in dozens of mental health services and voluntary organizations as well as an independent practitioner. He is currently working in independent practice as well as in Sydney at Uspace, a psychiatric unit for young people in St Vincent's Hospital.

He is a member of the Dulwich Centre faculty, an Honorary Clinical Fellow at Melbourne University's School of Social Work and a teacher in the Master's Program in Narrative Therapy and Community Work of the University of Melbourne (a university accredited as one of the best in the world).

Recent teaching assignments have included Brazil, Nepal, Turkey, Hong Kong and Palestine. David is the author of many articles about Narrative Therapy including the influential "Rescuing the Said from the Saying of it: Living Documentation in Narrative Therapy."

In his workshop on "Doing group and relationship therapy using narrative practices", David Newman will be sharing his exploration of using narrative practices in these two realms. The workshop will be engaging mix of lectures - including some of the history of how narrative ideas have been used in the two realms we will be exploring, the sharing of stories, and the exploration of the ideas with exercises.



**Sabine Vermeire** works at the Interactie-Academie, a training and therapy center in Antwerp, Belgium. For more than 30 years she is engaged in several youth and family care projects and goes on therapeutic journeys with children, youngsters and families in context of hardship. She leaves the beaten tracks in playful and creative ways when speaking becomes difficult.

She is a Narrative and Systemic trainer, psychotherapist and supervisor and responsible for the year training 'Narrative Therapy and Community work' and the postgraduate 'Family counseling' at Interactie-Academie. As an associated trainer at The Institute of Narrative Therapy (UK) and at the faculty of Dulwich Center she shares her work with children, youngsters and families. She wrote several articles and books on this work.

### Hong Kong-based tutors who are graduates of the Melbourne University master:



**Eric Yuen** has been working in the Family Service Sector for over 40 years. He is a social worker who provides individual and family counselling, especially in the area of intimate partner violence. For over 10 years, he has supervised 6-8 social workers in casework settings. He has a keen interest in applying narrative therapy in his work. He has completed the one-year advanced training programme in narrative practice with the Hong Kong Baptist University and also the Master of Narrative Therapy and Community Work at the University of Melbourne in 2016. He has retired recently.



**Joyce Ng** is keen to explore ways to bring in narrative ideas in her work setting in schools. She is also passionate about using collective narrative practices to work with communities in the local context and abroad. She graduated from the Master of Narrative Therapy and Community Work (MNTCW) at The University of Melbourne with First Class Honurs in 2023. She was involved in the teaching of Level 1 & Level 2 intensive training programme at Dulwich Centre in 2024. She is also one of the faculty members of MNTCW in recent years.



**Michael Cheng** graduated in Master of Marriage and Family Therapy in HKU in 2007, and completed the Masters Program in Narrative Therapy and Community Work at the Dulwich Centre in 2017.

Experienced in working with family relationships and parenting, and providing support for children with special education needs including ADHD and ASD.



**Queena Chan** is a registered social worker; Fieldwork supervisor and tutor; Founder of COSI. Workshop limited; SDI Open water scuba diving instructor; Certified Zentangle teacher (Providence, Rhode Island USA #24); Author of <traveling present>

RSW, Master of Narrative Therapy and Community work (First Class Honours) -The University of Melbourne, devoted majority of the career time in clinical service especially the group and case counselling work for marginal youths, NEET, SEN, mental wellness development, young parents, the ethnic minority groups in Hong Kong to enhance their personal development. She is experienced in training, consultancy and clinical supervision for NGOs. Queena is specialized in narrative therapy and scuba diving training, helps people to identify personal purpose as well as helping people to aware about own emotional needs through different workshop and training.

### Chan Ka Lok

More to come!!!