

# Application

Please send in the application form **along with a short reflection** on what makes you enrol in this programme. We will contact you to have a brief conversation before you pay the first installment.

**Application deadline: 31 August 2025**

Application form



<https://bit.ly/NarrativePractice2025>



## ACADEMY OF WELLNESS AND HUMAN DEVELOPMENT

# One Year Advanced Training Programme in NARRATIVE PRACTICE (SEP 2025 – DEC 2026)

The **Department of Social Work** and its **Social Work Practice and Mental Health Centre** are delighted to announce that the new cohort of One-year Advanced Training Programme in Narrative Practice will be launched in **September 2025**. This Programme will continue to be organized in collaboration with the **Dulwich Centre, Australia**. The Programme will be conducted from September 2025 to December 2026.

## About the programme

The Programme is designed for those who have prior knowledge and practice of narrative ideas, and who are keen to develop their individual and collective practice in the local context. Participants must have a **bachelor degree** from a recognized university and **attended an introductory course on narrative therapy of at least 24 hours organized by the HKBU, local NGOs/professional organisations or its equivalence**. The Department will assess the introductory courses studied by Programme applicants to determine eligibility.

This Programme consists of **5 modules**, a total of **no less than 110 hours**. It will cover ten key conversation/practice maps of narrative therapy and consist of four areas of practice. Trainers who are International Faculty of the Dulwich Centre and local practitioners/teachers will be providing lectures, training workshops, practice sessions, tutorials and individual supervision. Training sessions delivered by local trainers will be conducted in both English and Chinese. Participants are also required to complete a reading and writing programme and to present a written project in which they apply narrative ideas in their own context.

## ENQUIRIES



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<http://sowk.hkbu.edu.hk>



Website

# Programme Feature



## Award

Participants who have attended 85% of the sessions and completed all assignments and presentation of their project will be awarded a **certificate** by Dulwich Centre, Australia and Social Work Practice and Mental Health Centre, Hong Kong.

Graduates of this programme are eligible to apply for the **Master's Programme in Narrative Therapy and Community Work** (a collaboration between Dulwich Centre and Department of Social Work, University of Melbourne) with advanced standing equivalent to **25 points of the total 100 points**.

# Course Outline

**Module One: Responses to experiences and thoughts of suicide with young people and families and prevention of suicide (20 Sep – 3 Nov 2025)**  
This module will consist of:

- A two-day workshop (20 & 21 Sep 2025)
- 2 lectures (29 Sep 2025, 13 Oct 2025)
- 1 tutorial (20 Oct 2025)
- 2 narrative practice workshops (27 Oct 2025, 3 Nov 2025)

**Module Two: Doing group and relationship therapy using narrative practices (24 Jan – 9 Mar 2026)**  
This module will consist of:

- A two-day workshop (24 & 25 Jan 2026)
- 2 lectures (2 Feb 2026, 9 Feb 2026)
- 1 tutorial (23 Feb 2026)
- 2 narrative practice workshops (2 Mar 2026, 9 Mar 2026)
- Individual supervision

**Module Three: Children, parents, families and hardship and uncertainty (18 Apr – 1 Jun 2026)**

- This module will consist of:
- A two-day workshop (18 & 19 Apr 2026)
- 2 lectures (27 Apr 2026, 4 May 2026)
- 1 tutorial (11 May 2026)
- 2 narrative practice workshops (18 May 2026, 1 Jun 2026)
- Individual supervision

**Module Four: Real exercises with individuals, families and communities (18 Jul – 24 Aug 2026)**  
This module will consist of:

- A two-day workshop (18 & 19 Jul 2026)
- 2 lectures (27 Jul 2026, 3 Aug 2026)
- 1 tutorial (10 Aug 2026)
- 2 narrative practice workshops (17 Aug 2026, 24 Aug 2026)
- Individual supervision

**Module Five: Presentation of projects and definitional ceremony (Dec 2026)(tentative)**  
Each participant will present in small groups a project that he/she has engaged in using narrative ideas during the year.



## Assignments

- 8 reflection papers
- 2 tape conversations with reflection
- Written report on a project
- Presentation of a project

# Course Schedule

Phases	Modules	Duration	Dates
Pre-training	Introductory course in narrative practice or its equivalence	24 hours or more	
Module One	Responses to experiences and thoughts of suicide with young people and families and prevention of suicide	29 hours	20 & 21 Sep 2025 (workshop) 29 Sep, 13, 20, 27 Oct, 3 Nov 2025
Module Two	Doing group and relationship therapy using narrative practices	29 hours	24 & 25 Jan 2026 (workshop) 2, 9, 23 Feb, 2 & 9 Mar 2026
Module Three	Children, parents, families and hardship and uncertainty	29 hours	18 & 19 Apr 2026 (workshop) 27 Apr, 4, 11, 18 May, 1 Jun 2026
Module Four	Real exercises with individuals, families and communities	29 hours	18 & 19 Jul 2026 (workshop) 27 Jul, 3, 10, 17, 24 Aug 2026
Module Five	Presentation of projects and definitional ceremony	6 hours	(Dec 2026)(tentative)

Notes: 1. Individual supervision will be provided on the conversation tapes and project.  
2. Lectures and tutorials are given on weeknights 19:00-22:00.

# Tuition Fee

	Total Tuition Fee	Installment 1 (At Registration)	Installment 2 (On or Before 27 Nov 2025)	Installment 3 (On or Before 19 Apr 2026)
Standard Fee	HK\$37,500	HK\$17,000	HK\$11,500	HK\$9,000
Alumni/Students Discount (Dept. of Social Work, HKBU)	HK\$32,000	HK\$16,000	HK\$9,000	HK\$7,000

Notes: 1. The standard tuition fee is HK\$37,500, paid in three installments.  
2. Alumni and students of the Department of Social Work, Hong Kong Baptist University, receive a discounted tuition fee of HK\$32,000.



## What does the tuition fee cover?

- No less than 110 hours** of workshops, lectures, tutorials, individual supervision and presentation
- Reference materials